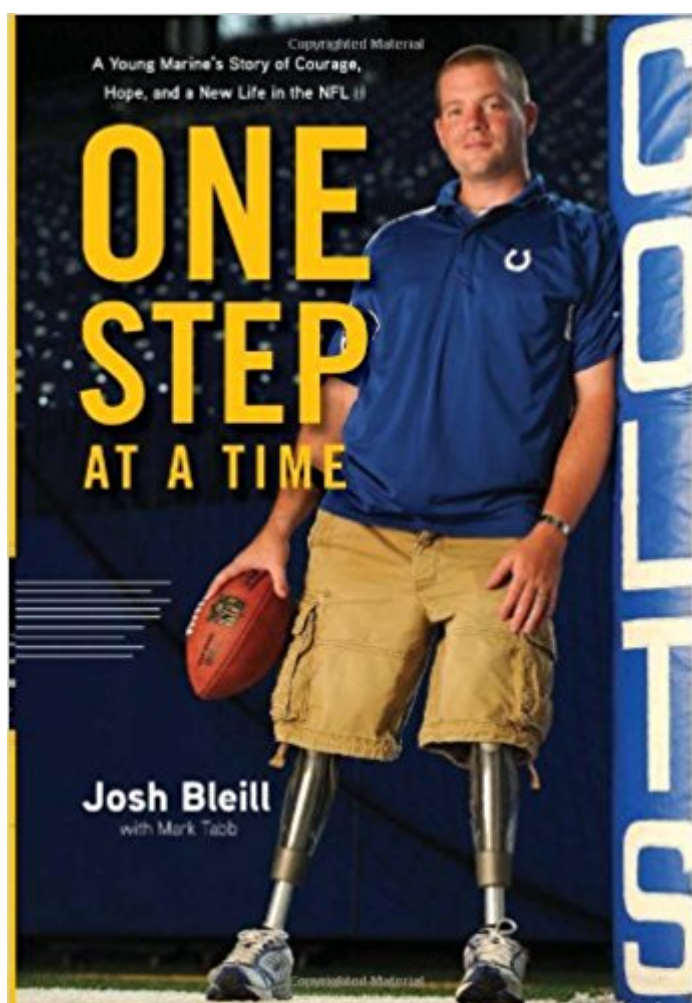


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# One Step At A Time: A Young Marine's Story Of Courage, Hope And A New Life In The NFL



## Synopsis

Josh Bleill tells people he had "one bad day". On October 15, 2006, while on a combat patrol in Fallujah Iraq, an IED (improvised explosive device) struck Josh's Humvee. The explosion tore through the vehicle killing two of his fellow marines and severely injuring Bleill and his best friend. Josh awoke five days later with the news of the loss of his two friends and both of his legs. *One Step at a Time: A Young Marine's Story of Courage, Hope, and a New Life in the NFL* follows his journey from his enlistment then on to active duty in Fallujah, through two years of rehab, and ultimately to his job as the community spokesman for the Indianapolis Colts. Readers will be inspired by his undying enthusiasm, infectious joy, and sense of humor. Everyone has had that "one bad day". Josh discovered that life begins when we embrace our bad days and keep going forward, one step at a time.

## Book Information

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## Customer Reviews

Josh Bleill is a community spokesperson for the Indianapolis Colts. On October 15, 2006, he was conducting combat patrols in Fallujah, Iraq, when his vehicle was struck by an improvised explosive device. He suffered multiple injuries including the loss of both his legs. He lives in Carmel, Indiana. Mark Tabb has authored or coauthored more than 25 books, including the New York Times bestseller, *Mistaken Identity* and *A Promise to Ourselves* (with Alec Baldwin). His solo titles include, *Living with Less: The Upside of Downsizing Your Life* and *How Can a Good God Let Bad Things Happen?*

Josh Bleill is a unique person with a hopeful attitude and an amazing outlook on life. This book will make you laugh, cry and, most importantly, it will inspire you. I had the privilege of knowing Josh during his "Disney days" (p. 187). Even then, his giving personality and fun-hearted spirit was visible and quite contagious. I, like so many others, watched his recovery progress with hope and optimism. I'm thrilled he is now sharing his story with the world! This is a wonderful book and a great stocking-stuffer, graduation gift, birthday present or for anyone who likes to be inspired. This book truly encompasses the meaning behind the Marine motto 'Adapt and Overcome.' Josh sums it up best, when he wrote... "Any time I started feeling sorry for myself, I remembered that no matter how bad I thought I had it, others struggled with far more than I ever will. It reminded me to be thankful for what I had and to give to those who were less fortunate." Congrats Josh! Keep doing what you do!

I had the pleasure of listening to this young man speak at a graduation ceremony at the Indiana Law Enforcement Academy. I was so impressed I googled his name and decided to buy his book. It was an extremely well written, informative book about what he went through after losing his legs in Iraq. He's a Hoosier; so am I. He's a Colts fan; so am I. He's a veteran; so am I. One of his buddies who was killed in the same attack that injured Josh, Brock Babb, is from Evansville, Indiana; so am I. This is a "must read" book for anybody who is a vet, knows a vet, or cares about our veterans. I could not put it down! Thank you, Josh, for your service!

If this book does not inspire you to do something different with your life, you are either a veteran who has returned and is already making a difference in a new way, or you may need to check yourself for a pulse. Very inspiring, removes any thought that being in the reserves is just way to get an extra check. It has changed my perspective on those who have returned regardless of whether there are any physical signs of injury. God bless them all!

What an inspirational story, Josh really makes you feel like you are right there inside of him seeing, feeling and doing things and he doesn't leave out the darker days he deals with. Actually enjoyed the boot camp part since my youngest is a Marine and he too went to San Diego and I had the chance to go there to encourage him to get past his knee injury and a few weeks later he was graduating! I can fully understand the pride a Marine has like Josh mentions, they go through hell in boot camp! And I think his Marine training got Josh past his worst days of his life.

This book is a wonderful read. I have a copy and am purchasing this for a gift. Brave young man who survived war and went on to inspire many.

My son served with Josh on this deployment. I purchased the book for my husband and opened up to browse through before wrapping...I couldn't put it down so my husband got a used book for Christmas! Many tears later, the book got wrapped and put under the Christmas tree. Josh is amazing and reading about his what happened brought back many memories and made me remember what the families were going through back home when all this was happening. Definitely an inspiring book and a tribute to what the mind can do. I highly recommend this book!

I love this book. Great story and told very well. I like the candid comments throughout. Anyone who has dealt with recovery from surgery or other ailments can read this book and be greatly encouraged. Also, some good info about PTSD.

I heard Josh speak last week at the National Association of Orthopedic Nursing Annual Congress. I bought his book when I returned home. I finished it today. Today is Memorial Day-how appropriate! Josh is an inspiring, motivating, encouraging and special person. His experiences are more than most people could handle yet he rose above them in ways most people never would. I can only hope to become half the person he is.

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